
upcoming webinars
with
Elisabeth Rochat de la Vallée

Qing Zhuo 清濁 **Clear and Turbid**

a one-session (90 minutes) webinar
Monday February 10, 2020

at 12:30 pm PDT (3:30 pm EDT, 9:30 pm CEST/Paris)

In traditional Chinese cosmology, clear qing 清 and turbid zhuo 濁 are the two fundamental qualities that initially emerge from undifferentiated primordial matter. Light, subtle and inclined to rise, the clear dissipates, expands and moves; its movement is yang and forms Heaven. Heavy, thick and inclined to settle, the turbid stays in place, concentrates and congeals; its movement is yin and forms Earth. Clear and turbid form a yin-yang pair. Opposite yet complementary, they exist neither in isolation nor as pure terms: they are relative qualities within a process. In Chinese medicine, understanding what is clear and what is turbid always depends on the context. For example the thin, light and centrifugal fluids (jin 津) are called clear in comparison to the dense and centripetal fluids (ye 液), even as the ye fluids rich in essences are themselves clear compared to the turbid residue of food.

Participants can qualify for 1.5 CEU/PDA
Cost : \$30 (\$50 for course and CEUs)

Details and registration: [Clear and Turbid - details](#)

The Pathogenic 'Evil Qi'

Xie Qi 邪氣

Four 60 minutes Sessions
Mondays March 2, 9, 16 and 23, 2020

at 12:30 pm PDT (3:30 pm EDT, 9:30 pm CEST/Paris)

These are the regular environmental or exogenous Qi, when they do not conform to their corresponding season, or when their virulence is such that it overwhelms the body's defenses. When wind, cold, heat, dampness, dryness or fire have excessive strength, when they extend beyond their normal time or do not arrive at the right time, they become external aggressors. Each of them can easily affect its corresponding Zang organ in its matching season, but they can all affect all organs.

Participants can qualify for 4 CEUs/PDAs
Cost : \$65 (\$100 for course and CEUs)

Details and registration: ['Evil Qi' - details](#)

Ji 幾 Incipience or The Infinitesimally Small

a one-session (90 minutes) webinar
Monday May 11, 2020

at 12:30 pm PDT (3:30 pm EDT, 9:30 pm CEST/Paris)

Ji 幾 is the almost imperceptible beginning that determines the direction to be taken by the course of events. It is the inner spring of movement not yet visible on the outside that triggers the passage from one state to another. It is the the subtle inception of a movement (of the mind and of events) that has already begun. Hence, its importance for the diagnosis of the great practitioner.

Participants can qualify for 1.5 CEU/PDA

Cost : \$30 (\$50 for course and CEUs)

Details and registration: [Incipience - details](#)

Please visit:

[The European School of Acupuncture website](#)

[Elisabeth Rochat de la Vallée website](#)