



Elisabeth ROCHAT DE LA VALLÉE  
[elisabeth-rochat.com](http://elisabeth-rochat.com)

### ONLINE LECTURES WINTER & SPRING 2021

Several series of 5 webinars, 3 hours each

#### **MERIDIANS' DYNAMIC**

Explore the quality of qi specific of each meridian for a deeper understanding of the use of their points.

Tuesdays January 5 & 19 - Feb. 2 -  
March 16 & 30, April 13 & 27

Explore **FUNDAMENTAL CONCEPTS**  
in Chinese Classical Thought

<http://elisabeth-rochat.com/program.html>

#### **MERIDIANS' DYNAMIC (with CEU)**

A new vision of the meridians based on the movement and way to act implied by its specific quality of Qi. How it clarifies the nature of the meridian for both its normality and pathologies.

First series: TAIYANG Monday 12:30 to 3:30 pm PDT - 3:30 to 6:30 pm EDT

1 Jan.18 Taiyang, general presentation of this specific quality of qi based on the Chinese medical classics, mainly the Shanghanlun and the Huangdi Neijing.

2 Jan.25 Hand Taiyang: functional and dynamic meaning of its pathways and pathology.

3 Feb.1 The Five Shu points on the Hand Taiyang: SI 1, SI 2, SI 3, SI 5, SI 8.

4 Feb.8 Foot Taiyang: functional and dynamic meaning of its pathways and pathology.

5 Feb.15 The Five Shu points on the foot Taiyang: Bl 67, Bl 66, Bl 65, Bl 64, Bl 40.

**Informations, CEU and registrations : [robyn.sodders@gmail.com](mailto:robyn.sodders@gmail.com)**

**FUNDAMENTAL CONCEPTS**, on Tuesdays, 10 am to 12 pm PDT - 1 to 3 pm EDT -  
6 to 8 pm England - 7 to 10 pm Israël

Tuesday January 5 The Mawangdui Funeral Banner

Tuesday January 19 Life and Death in Ancient China

Tuesday February 2 The Hun and Po souls

Tuesday March 16 & 30, April 13 & 27: What is QI ? The Different kinds of Qi.

**Informations and registrations: [yossimem@gmail.com](mailto:yossimem@gmail.com)**

## CEU CLASSES ON THE FIVE ZANG AS THE QI OF THE FIVE ELEMENTS

Daoist Traditions College of Chinese Medical Arts: [www.daoisttraditions.edu](http://www.daoisttraditions.edu)

On March 7 (9-12am EDT) - March 21 (9-12am EDT) - April 15 (6-9pm EDT) - May 6 (6-9pm EDT) - June 3 (6-9pm EDT) - July 11 (9-12am EDT)

Informations and registrations: [jmoore@daoisttraditions.edu](mailto:jmoore@daoisttraditions.edu) (828) 225-3993

## CLASSICAL CHINESE ENGLISH GROUP

April 21, 2021 (6 to 9 pm, London time) **semblance**/figure/sign *xiang* 象

May 22 & 23 (10am to 1pm and 4 to 7 pm, London Time) **Zhuangzi ch.4**

Informations and registrations: [shidao81@icloud.com](mailto:shidao81@icloud.com)

## LINGSHU INSTITUTE

Feb.6 & 7 The Inner Causes of Disease, Liver and Gallbladder (Wood element)

Informations and registrations: [info@lingshuinstitute.org](mailto:info@lingshuinstitute.org) , [lingshuinstitute.org/](http://lingshuinstitute.org/)

## LECTURES GIVEN IN ENGLISH WITH TRANSLATION INTO POLISH

### A series on **Emotions**

on Thursday 5 to 7 pm, Warsaw/Paris time - Paris time - 12 pm to 2 pm EDT - 9 to 11 am PDT

Jan.7 Elation & Joy (xi le 喜樂) - Feb.8 Oppressiveness, grief (you 憂) - March 4 Sadness (bei 悲) - March 25 Fear (kong 恐) - April 22 Startling (jing 驚)

Feb.20 & 21,2021 **Body fluids** (jinye) and **plegm** (tanyin)

Informations and registrations: [marian.nosal@gmail.com](mailto:marian.nosal@gmail.com)

### A series on **Fundamental Medical Concepts:**

on Thursday 6 to 8 pm, Warsaw/Paris time - 12 pm to 2 pm EDT - 9 to 11 am PDT

Feb.4 Clear and turbid (qing zhuo) - March 11 What is a “meridian” or channel (jing 經) - June 4 Constipations

May 8 & 9, 2021 **A study of Qi**, different Qi in the body, blood and qi

Informations and registrations: [marek@kalmus.com.pl](mailto:marek@kalmus.com.pl)