



Elisabeth ROCHAT DE LA VALLÉE

elisabeth-rochat.com

Trauma and how to recover

In-depth study of selected points

The medical Calendar of the year 2024

New Translation Class of Medical Classics

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<http://elisabeth-rochat.com/program.html>

More lectures and videos on: <http://elisabeth-rochat.com/onlineteachings.html>

Facebook group: <https://www.facebook.com/groups/1583280731847330/>

MONDAY CEU CLASSES 12:30 to 2:00 pm (PDT)

3:30 to 5:00 pm (EDT) - 8:30 to 10:00 pm (UK Time) - 9:30 to 11:00 pm (Paris Time)

Sept. 25 : How to recover from trauma. Classical and medical texts nourish and inspire our reflection on a deep resolution of trauma, a true healing that return us to our own life and open us to the reality we share with all the others.

Nov. 20 : Windows of the Sky, myth or reality ? A presentation and explanation of the classical texts at the basis of the building of this group of points.

Dec. 11 : The Energetic of the year 2024, corresponding to the year *Jiachen* 甲辰, according to the *wuyun liuqi* 運六氣 theory.

Jan. 22 : The making of the Chongmai. How this extraordinary channel appeared as an essential pathway and its links with the pathological upsurge of qi in the abdomen, chest and back.

Feb. 19 & March 18 : Presentation and study of the points having *chong* 衝 in their name.

Qichong (氣衝 St 30), Chongyang (衝陽 St 42), Chongmen (衝門 Sp 12), Tianchong (天衝 GB 9), Taichong (太衝 Liv 3), Shaochong (少衝 Ht 9), Zhongchong (中衝 PC 9), Guanchong (關衝 SJ 1).

60\$ per class with CEU, 45\$ without.

Your choice of 6 classes: 300\$ with CEU, 225\$ without.

Your choice of 3 classes: 150\$ with CEU, 110\$ without.

NEW TRANSLATION CLASS (with CEU)

We offer a news series on the translation of the Chinese classics of medicine.

The text is the ch. 12 of the **Jingui yaolüe** on phlegm, rheum and cough :

tan yin ke sou bing mai zheng bing zhi 痰飲咳嗽病脈證並治

We meet **every month, on the first Monday, starting Oct.2,**

to translate and explain the text, sentence by sentence; to elucidate the meaning and show how it is relevant to the clinical practice.

Two possibilities to participate to these workshops:

A To register in the study group. This group requires personal and team work between the two meetings, to prepare a section of the text, look for the difficulties and identify questions to review during the class.

B To register as audience. This group does not require any commitment to work on preparation. The audience group will be able to listen and, eventually, to ask questions.

Email Robyn for the details: robyn.sodders@gmail.com

The 6 classes: 300\$ with CEU, 225\$ without.

For more information, please email : robyn.sodders@gmail.com

WHITE PINE CIRCLE - EXPLORING THE EMOTIONS

Friday **Sept.15**, 9:00am to 10:30am (PDT) - 12:00 pm to 1:30 pm (EDT)

ANGER

Through the examination of the rich classical texts, participants will gain a deeper understanding of how anger relates to health and how the Chinese classics can inform modern thought.

Information and registration:

[tps://www.whitepinecommunity.org/event/exploring-emotions-anger](https://www.whitepinecommunity.org/event/exploring-emotions-anger)

CLASSICAL CHINESE ENGLISH GROUP

Saturday Sept. **9** & Sunday Sept. **10**, 3:00pm to 7:30pm (London) - 9:00 am to 1:30 pm (EDT)

ZHUANGZI chapter **6** (final part) with the Guo Xiang commentary.

Information and registration: classical.group.er@icloud.com

OTHER ONLINE TEACHINGS

ICOM – A series on the Images of the Organs (*zang xiang* 藏象)

Tuesdays from 6:00 to 7:30 pm (London) - 12:00 to 1:30 pm (EDT) - 9:00 to 10:30 am (PDT)

Sept. 5: A general presentation of the **Five Elements** (phases or Agents).

Sept. 12: The Wood element and the **Liver**.

Sept. 19: The Metal element and the **Lung**.

Sept. 26: The Earth element and the **Spleen**.

Oct. 3: The Water element and the **Kidneys**.

Oct. 10: The Fire element and the **Heart**.

Information and registration: Kate Joseph cpd@orientalmed.ac.uk

TCM Academy The Beginnings of Life

Sat. October 21: The consonance between the development of the embryo and the fetus with the changes and variations in the mother.

Information and registration: social@tcm.ac

INSTITUTE OF TAOIST EDUCATION & ACUPUNCTURE (ITEA)

November 13 to 16: 11.00 am to 3.00 pm (EDT) - 8.00 am to 12.00 pm (PDT)

Zang & fu. Suwen ch.8, the 12 officials.

The **vital circulations**, meridian, luo, jing bie, jinjing, extra meridians.

Information and registration: president@itea.edu - <https://www.itea.edu/>

SHOU ZHONG

Sunday **October 23rd**, 10.00 am to 5.00 pm (Berlin) - 9.00 am to 4.00 pm (London)

Various qi in the body

Information and registration: shouzhong.berlin/en/continuing-education/

For more information: <http://elisabeth-rochat.com/program.html>